

PREOPERATIVE VASECTOMY INSTRUCTIONS

A. No aspirin or blood thinners one week prior to and one week after surgery.

B. Start antibiotic as written the day before surgery, and take for two days after the procedure. This is a sterile procedure. Antibiotics are given to prevent postop infections. Sometimes antibiotics are not prescribed; this applies only if they are prescribed.

**** You were offered a Valium/Ativan at the time of your consult. Should you choose to take this, please take this an hour before your procedure.**

C. Shave your entire scrotum the day of your surgery. No pubic hair should be near the scrotum.

D. Wear supportive underwear (not boxers) and loose fitting pants to office the day of the visit.

E. We use lidocaine for the local anesthetic. Please advise the nurse if you are **ALLERGIC** to or have any problems with lidocaine.

F. The full amount you owe is required on the day of your vasectomy otherwise it will be rescheduled.

G. You are required to bring a driver to your procedure. If you do not your vasectomy will be rescheduled. If you take the Valium/Ativan one hour prior as directed, you will need a driver to and from your appointment.

H. Please remember that the consent forms must be signed before the procedure. **NO EXCEPTIONS!**

I. Due to Dr. Nayak being the only urologist in the area, he does occasionally get called away on emergencies. If this happens your vasectomy may be delayed. We schedule the vasectomy as the last appointment of the day and if we are running behind your appointment will be later.

J. Plan to be at the office for up to 90 minutes. The procedure does not take this long but with the prep and the post procedure it can take up to 90 minutes.

K. Please relay this information to your driver and make arrangements for children as needed. Children, spouses, and drivers can stay in our waiting room throughout the procedure but keep in mind there may be delays and it might be a 90-minute wait.